

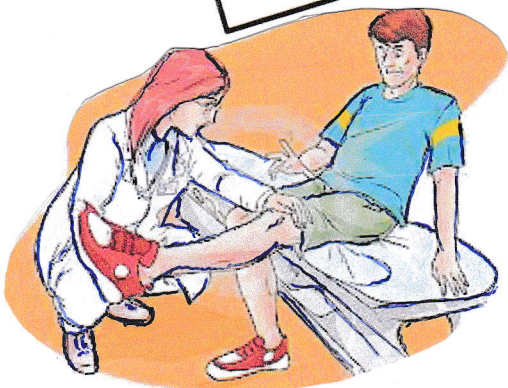
# FootWorkZ

## Children and Young Adult's Orthotics Program

**FootworkZ's 'CHILDREN & YOUNG ADULT'S PROGRAM' IS DESIGNED TO HELP CORRECT THEIR FEET AND SECONDARY ORTHOPAEDIC/ MUSCULOSKELETAL DEVELOPMENT. THE OPTIMAL AGE FOR CHILDREN TO BE CORRECTED IS FROM 5-16 YEARS OF AGE TO BENEFIT FROM CORRECT FOOT ALIGNMENT, IT'S POSITIVE BIOMECHANICAL EFFECT ON THEIR KNEES, HIP AND SPINAL ALIGNMENT, AS WELL AS ON THEIR POSTURE AND BALANCE. HEALTHY FEET FOR A HEALTHY ACTIVE LIFESTYLE!**

THE PROGRAM'S TOTAL COST IS **\$488.00** AND CONSISTS OF AN INITIAL CONSULTATION. A FOOT/LOWER LIMB/ POSTURAL AND SPINAL EXAMINATION. AND A PAIR OF CUSTOM-MADE ORTHOTICS. IT IS RECOMMENDED THAT THE YOUNGTER'S PROGRESS SHOULD BE REVIEWED WITHIN 12 TO 18 MONTHS TO ASSESS THE ORTHOTICS FIT, AND ENSURE THEY ARE WEARING THE ORTHOTICS CORRECTLY.

**IMPORTANT!** LACING FOOTWEAR UP **FIRMLY** AND WEARING PROPERLY CONSTRUCTED (ie DO NOT BEND IN THE MIDDLE) SPORT/SCHOOL SHOES AS PER CONSULTATION IS MANDATORY FOR ORTHOTICS TO WORK PROPERLY.



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